



Indian Ocean Open Water Swim

Floreat Beach Sunday 3rd December 2023



- 1 Lap – 1.25k
- 2 Lap – 2.5k
- 4 Lap – 5k
- 8 Lap – 10k

- 10 km → Solo & 14 years old
- 5 km → Solo & 12 years old
- 2.5 km → Solo & 12 years old
- 1.25 km → Solo & 11 years old
- 500 m → Solo & 9 years old
- 10 km qualifier for Rottneest Channel Swim and Port to Pub (10 km solo)

- 6:30am Late registration opens
- 7:15am Late entries closes
- 7:30am Registration at the surf club closes
- 7:50am Race briefing on the beach followed by paddler briefing
- Wetsuits swimming allowed but do not qualify for Rottneest Channel Swim and Port to Pub

- Schedule of events
- 8:00am Wave 1 – 500m
- 8:15am Wave 2 – 10km
- 8:20am Wave 3 – 2.5km
- 8:25am Wave 4 – 5km & 1.25km
- 12:30pm – 4hr 15mn – 10km qualifier cut off

Registration via: www.indianoceanswim.com

Club Contact & information: Admin@floreatslsc.com.au

Swim Contact: Swim@floreatslsc.com.au